

Lunes		Martes		Miércoles		Jueves		Viernes		Sabado
sala spacio	sala studio	sala spacio	sala studio	sala spacio	sala studio	sala spacio	sala studio	sala spacio	sala studio	sala studio
Pilates y movilidad ON LINE		Pilates y movilidad ON LINE	Studio SAFE 12,00-12,55	Pilates y movilidad ON LINE		Pilates y movilidad ON LINE	Studio SAFE 12,00-12,55	Pilates y movilidad ON LINE		
			Studio SAFE 14,05-15,00		Studio SAFE 14,05-15,00		Studio SAFE 14,05-15,00			
								Mindful on line 16,00-16,40		
Animal Flow 18,30-19,25 y on line	Studio SAFE 19,00-19,55		Studio SAFE 19,00-19,55	Animal Flow 18,30-19,55	Studio SAFE 19,00-19,55	Yoga 18,00-19,30 y on line	Pilates SAFE suelo 18,00-19,55	Animal Flow 18,30-19,10 on line	Studio SAFE 19,00-19,55	
	Studio SAFE 19,00-19,55		Studio SAFE 19,00-19,55		Studio SAFE 19,00-19,55					
		Yoga 20,00-21,30 y on line								

**PILATES I MAS  
STUDIO**